

OCTOBER 2024

SENIOR HOT SPOT

MONDAY-FRIDAY 7AM-6PM

togetherforbetter

WALNUT RECREATION CENTER
3075 N. WALNUT ROAD
LAS VEGAS, NEVADA 89115

FOR MORE INFO: 702-455-8402

SUN

MON

TUE

WED

THU

FRI

SAT

SUN	MON	TUE	WED	THU	FRI	SAT
Mon.-Fri. 7am-10am Senior Basketball in the gymnasium	Mon.-Fri. 7am-2pm Game Room open for Seniors	1 10:30-11:30AM Mindful Movement	2 10:30-11:30AM Mindful Movement	3 10:30-11:30AM Mindful Movement	4 12pm Aging in Place Lunch & Learn w/ Brighton Hospice @ Pearson *bus departs at 11:20am* MUST REGISTER	5
Mon.-Fri. 6 7am-10am Walking Club in the gymnasium	7 1pm Humana Presentation w/ James Williams	8 10:30-11:30AM Mindful Movement 1-3pm Let's TACO-BOUT 2025 Open Enrollment w/ SBI Benefits	9 1pm Matinee	10 Renaissance Fair at Sunset Park	11	12
13	14	15 9-2pm Senior Makeover Day @ School of Milan-sponsored by CenterWell Health MUST REGISTER	16 10:30-11:30AM Mindful Movement 1pm Chair Volleyball	17 11am Monthly Meeting	18 EARLY VOTING 10/19-11/5	19 VOTE
20	21	22 1pm BINGO	23 10:30-11:30AM Mindful Movement 11am Bagel Day	24 1-3pm Karaoke & Snow Cones w/ Mrques from Aetna	25 CLOSED	26
Senior Hot Spot relocated to RMs C & Kitchen			Senior Hot Spot relocated to RMs C & Kitchen			
27	28	29 6-8pm Wacky World of Walnut	30 10:30-11:30AM Mindful Movement 1pm OCTOBER Birthday Social	31 HALLOWEEN 12:30pm Halloween Pot Luck WEAR YOUR COSTUME	Senior Hot Spot relocated to RMs C & Kitchen	

NO ANNUAL MEMBERSHIP FEE